



VIth WORLD CONGRESS OF PLASTIC SURGEONS OF LEBANESE DESCENT (Washington D.C.) - WEBINAR

June 19-20, 2021



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Message from APSLD President

Dear Plastic Surgeons, Colleagues, and Friends,

April 26-27 of 2021 were the dates for what was to be a very exciting and informative Sixth World Congress of Plastic Surgeons of Lebanese Descent (WCPSLD) at the Ritz-Carlton Hotel in the heart of Washington D.C. This Congress was to be organized on the theme of "The Intersection of Plastic Surgery and Technology" and was supposed to be preceded by a two-day hands-on workshop on April 24 and 25 for plastic surgeons and mid-level providers to explore the latest in minimally invasive technology. Unfortunately, due to the Covid-19 pandemic, this event cannot be held as planned. Instead, the APSLD in collaboration with the Lebanese Society of Plastic, Reconstructive and Aesthetic Surgery (LSPRAS), member of the European Association of Societies of Aesthetic Plastic Surgery (EASAPS) and the Lebanese Society of Reconstructive Microsurgery (LSRM), corresponding member of the European Federation of Societies for Microsurgery (EFSM) are inviting you to a Live Webinar moderated from Beirut on June 19-20, 2021. The webinar will comprise round tables with internationally renowned speakers about hot topics in plastic surgery. With world-class speakers and moderators, the Webinar will be a rewarding scientific exchange in many aspects of plastic and reconstructive surgery. All colleagues of Lebanese descent or not are welcome to participate.

The journey of Association of Plastic Surgeons of Lebanese Descent (APSLD) started in 2010 when we met for the first time in Beirut, followed by successful meetings in Cancun (2012), Beirut (2014), São Paulo (2017), and Beirut again (2019). Our 6th Congress in Washington D.C. was supposed to celebrate the official registration and licensing of APSLD in Lebanon.

Lebanon is a country with more of its citizens and their descendants are living abroad. As such, bi-annual APSLD scientific congresses are a vehicle of strengthening ties of heritage, scientific knowledge exchange and collaboration, and most importantly, fostering great lifelong friendships with plastic surgeons of all nationalities. Short of being able to physically meet in one location in 2021, we hope this Webinar will help keeping us in close contact till we meet again for the 7th WCPSLD in Beirut in 2023.

Bishara Atiyeh, President APSLD



For information
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bechara.atieh@gmail.com



Bishara ATIYEH (Lebanon)
APSLD President, Congress Chairman

George BITAR (USA)
Congress Co-Chairman
APSLD Secretary for North Am.

ORGANIZING COMMITTEE

Bishara ATIYEH (Lebanon)
George BITAR (USA)
Elie ABDELHAK (Lebanon)
Sami SAAD (Lebanon)
Joseph BAKHACH (Lebanon)

SCIENTIFIC COMMITTEE

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Beirut UTC+3

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San Francisco UTC-7

17:00-24:00 (05:00 PM-12:00 AM)

16:00-23:00 (04:00 PM-11:00 PM)

11:00-16:00 (11:00 AM-04:00 PM)

10:00-17:00 (10:00 AM-05:00 PM)

07:00-14:00 (07:00 AM-02:00 PM)

TIME: UTC -4

SATURDAY, JUNE 19, 2021

10:00-10:15 **Introduction**

Introducing Members of Lebanese Descent of PRS Resident Advisory Board

10:15-11:45 **ROUND TABLE 1: Fat Transfer and Regenerative Surgery**

11:45-12:00 **Break**

12:00-13:30 **ROUND TABLE 2: Body Contouring and Hi Def. Liposuction**

13:30-15:00 **ROUND TABLE 3: Post Bariatric Body Contouring**

15:00-15:30 **Break**

15:30-17:00 **ROUND TABLE 4: Gluteal Reshaping and Augmentation**

SUNDAY, JUNE 20, 2021

9:30-10:00 **SECOND RICARDO BAROUDI LECTURE**

10:00-11:30 **ROUND TABLE 5: Breast Aesthetic Surgery**

11:30-12:00 **Break**

12:00-13:30 **ROUND TABLE 6: Breast Reconstruction**

13:30-15:00 **ROUND TABLE 7: Rhinoplasty & Facial Rejuvenation**

15:00-15:30 **Break**

15:30-17:00 **ROUND TABLE 8: Business Development & Plastic Surgery Practice Building**

LIVE INTERACTIVE Q&A



Designated for 11 CME Credit Hours

ACCREDITATION STATEMENT: "The VI th World Congress of Plastic Surgeons of Lebanese Descent (Washington - DC) - WEBINAR, Beirut, Lebanon 19/06/21-20/06/21 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **11 European CME credits (ECMEC®s)**. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity." (19.06.2021-5.00 ECMEC®s; 20.06.2021-6.00 ECMEC®s). "Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities. "Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.



SCIENTIFIC PROGRAM



UTC -4

SATURDAY, JUNE 19

10:00 -10:15 **INTRODUCTION**
George BITAR
Bishara ATIYEH

**Introducing Members of Lebanese Descent of
PRS Resident Advisory Board**

**ROUND TABLE 1:
Fat Transfer and Regenerative Surgery**

Moderator: Alexandra CONDE-GREEN (USA)

10:15-10:35 **New strategies in tissue
regeneration: The bio-active
composite grafts**
Michele ZOCCHI (Italy)

10:35-10:55 **New perspectives in fat grafting**
Lydia MASAKO FERREIRA (Brazil)

10:55-11:15 **Science of fat transfer**
Alexandra CONDE-GREEN (USA)

11:15-11:45 **Discussion**

11:45-12:00 **Break**

**ROUND TABLE 2:
Body Contouring and Hi Def. Liposuction**

Moderators: Fabio Nahas (Brazil)
Joseph BAKHACH (Lebanon)

12:00-12:30 **Hi Def. lipo ABS: Anatomy, basics and
science**

Alfredo HOYOS (Colombia)

12:30-12:45 **Hi Def. Abdomnal etching**
Stefan DANILLA (Chile)

12:45-13:15 **20 liposculpture safety points**
Bertha Torres (Mexico)

13:15-13:30 **Discussion**

**ROUND TABLE 3:
Body Sculpturing and
Post Bariatric Body Contouring**

Moderator: Bishara ATIYEH (Lebanon)
Luciano NAHAS COMBINA (Argentina)
Elie ABDELHAK (Lebanon)

13:30-14:00 **Body contouring after massive weight loss:
What I don't do after 25 years of practice**
AI ALY (USA)

14:00-14:15 **Secondary abdominoplasties**
Fabio NAHAS (Brazil)

14:15-14:30 **Abdominal contouring**
Simona GALLO (Italy)

14:30-14:40 **Brachioplasty following massive weight loss**
Alexandre MANSUR (Brazil)

14:40-15:00 **Discussion**

15:00-15:30 **Break**

**ROUND TABLE 4:
Gluteal Reshaping and Augmentation**

Moderators: Sami SAAD (Lebanon)
Amin KALAAJI (Norway)

15:30-15:45 **Buttock augmentation**

Marwan ABOUD (Belgium)

15:45-16:00 **Gluteal augmentation with fat: our safety
clinical study of 164 cases and literature
review of highest death rate in aesthetic
surgery. Patients safety first or we shall
stop doing the procedure?**

Amin KALAAJI (Norway)

16:00-16:15 **American task force update in buttock fat
grafting**

Arturo RAMIREZ MONTAÑANA (Mexico)

16:15-16:30 **Gluteal augmentation**
Fernando SERRA (Brazil)

16:30-17:00 **Discussion**

Live Polling – Evaluation of Presentations

**Certificate of attendance will be delivered by e-mail only to
those who participate in the live polling and submit their
evaluation**

SCIENTIFIC PROGRAM



UTC -4 SUNDAY, JUNE 20

9:30-10:00 **SECOND RICARDO BAROUDI LECTURE**
Current Concepts in Breast Reconstruction
Gregory EVANS (USA)

ROUND TABLE 5: Breast Aesthetic Surgery

Moderators: Michel MOUTRAN (Lebanon)
Nicolas CHAMI (Switzerland)
Andre MATTOS (Brazil)

10:00-10:30 **Matopexy and mesh in the 21st century:
Sling is the solution**
Bill ADAMS (USA)

Versus

Moustapha HAMDY (Belgium)

10:30-11:00 **Breast augmentation after BIA-ALCL
alert: Go round and smooth**
Frank LISTA (Canada)

Versus

Paolo MONTEMURRO (Sweden)

11:00-11:15 **Contouring breasts after mutilating
procedures**

Jose Luis HADDAD TAME (Mexico)

11:15-11:30 **Discussion**

11:30-12:00 **Break**

ROUND TABLE 6: Breast Reconstruction

Moderators: Moustapha HAMDY (Belgium)
Horacio F. MAYER (Argentina)
Amir IBRAHIM (Lebanon)

12:00-12:15 **Prepectoral implant breast
reconstruction: Trend or standard?**
Hani SBITANY (USA)

12:15-12:30 **Using ADM cost versus benefit**
Marzia SALGARELLO (Italy)

12:30-12:45 **Sensate autologous flap reconstruction
the last end?**
Stephania TUINDER (Netherlands)

12:45-13:00 **Fat grafting breast reconstruction
shortening the process**
Roger KHOURI (USA)

13:00-13:30 **Discussion**

ROUND TABLE 7: Rhinoplasty and Facial Rejuvenation

Moderators: Antoine FARAH (Lebanon)
Fadi SLEILATI (Lebanon)

13:30-13:45 **Blepharoplasty**
Giovanni BOTTI (Italy)

13:45-14:00 **Facial upper third and periorbital
rejuvenation**

Ahmad SAAD (Spain, USA)

14:00-14:15 **Temporal lift by galeapexy – Clinical
experience and long-term results**
Foued HAMZA (France)

14:15-14:30 **Facial plastic and reconstructive surgeon**
Mike NAYAK (USA)

14:30-14:45 **Combined facelift and rhinoplasty**
Leandro PELLARIN (Brazil)

14:45-15:00 **Fat graft to nose and perioral areas**
Eva SIOLO (South Africa)

15:00-15:30 **Discussion**

15:30-16:00 **Break**

ROUND TABLE 8: Business Development and Plastic Surgery Practice Building

Moderator: Romeu FADUL Jr. (Brazil)
George BITAR (USA)

16:00-16:15 **How to win in the Plastic Surgery Market**
Leandro FAUSTINO (Brazil)

16:15-16:30 **A financial strategy to work less and make
more money**
Romeu FADUL Jr. (Brazil)

16:30-16:45 **How to create value and increase
competitiveness in Health Care**
Nelio Aguilera (Brazil)

16:45-17:00 **Discussion**

Live Polling – Evaluation of Presentations

**You are required to submit your evaluation at the
end of presentations on each day. You can only
receive the number of credits you are entitled to
according to your actual participation**

SECOND

RICARDO BAROUDI LECTURE



Gregory EVANS (USA)

Professor of Plastic Surgery and Biomedical Engineering
Founding Chair Department of Plastic Surgery
The Bruce F. Connell Endowed Chair in Plastic Surgery
Past President American Society of Plastic Surgeons

Members of Lebanese Descent of PRS Resident Advisory Board



Saïd Charbel Azoury

Resident Physician
Division of Plastic Surgery, Department of Surgery
University of Pennsylvania



Gregory Nicolas

Post Graduate Resident Department of Plastic and Reconstructive Surgery, Hospital das Clínicas of the Faculty of Medicine of the University of São Paulo (HC-FMUSP), São Paulo, Brazil



Samyd S. Bustos

Plastic Surgery Resident
Mayo Clinic, Rochester, Minnesota, USA



Elie Ramly

General Surgery Resident, Oregon Health and Science University, Portland, Oregon, U.S.A



Christopher Homsy

Plastic and reconstructive surgeon; Microsurgeon;
Assistant Professor of Surgery,
Tufts University School of Medicine



Ara Salibian

Chief Resident, Plastic Surgery at NYU Langone Medical Center, New York



Rami Kantar

General Surgery Resident, The University of Maryland Medical System/Shock Trauma Center, Baltimore, Maryland, U.S.A
Volunteer, Global Smile Foundation (GSF)



Ronnie Shammas

Integrated Plastic and Reconstructive Surgery Residency Program, North Carolina State University, Duke University School of Medicine



Murilo Sgarbi Secanho

Resident Ambassador for PRS Global Open
Residente de Cirurgia Plástica –
Faculdade de Medicina de Botucatu – UNESP
Plastic Surgery Resident at Botucatu Medical School - São Paulo State University (UNESP)



Bachar Chaya

Postdoctoral Research Fellow
Hansjörg Wyss Department of Plastic Surgery
New York University Langone Health

Meet our faculty

Renowned experts recognised as innovators of the most advanced techniques in plastic surgery



ROUND TABLE 1: Fat Transfer and Regenerative Surgery



Michele ZOCCHI (Italy)

Plastic Aesthetic and Reconstructive Surgery, Regenerative Medicine and Surgery, Associate Professor of Plastic Surgery University of Padua



Lydia MASAKO FERREIRA (Brazil)

Head and Full Professor Plastic Surgery Division Federal University of São Paulo - UNIFESP, Researcher CNPq 1A, Director Translational Surgery Graduate Program UNIFESP, São Paulo



Alexandra CONDÉ-GREEN (USA)

ACG Plastic Surgery, Boca Raton, Delray Beach, Florida

MODERATOR



Alexandra CONDÉ-GREEN (USA)

ACG Plastic Surgery, Boca Raton Delray Beach, Florida

ROUND TABLE 2: Body Contouring and Hi Def. Liposuction



Alfredo HOYOS (Colombia)

Consultant Plastic Surgeon, inventor of the High Definition Liposculpture technique



Stefan DANILLA (Chile)

Cirujano Plástico, Magíster en Epidemiología Clínica, Hospital Clínico Universidad de Chile, Clínica Alemana, Santiago



Bertha TORRES (Mexico)

National Secretary of ISAPS for Mexico, Member of the Mexican Association of Plastic and reconstructive Surgery (AMPCER), Mexico City

MODERATORS



Fabio NAHAS (Brazil)

Prof. Adjunto -Universidade Federal de São Paulo / Escola Paulista de Medicina, Curriculum Lattes, São Paulo



Joseph BAKHACH (Lebanon)

Associate Professor, Plastic and Reconstructive Surgery, American University of Beirut, APSLD Treasurer



ROUND TABLE 3: Body Sculpturing and Post Bariatric Body Contouring



AI ALY (USA, UAE)

Editor-in-Chief, Plastic Surgery Education Network, Member, Board of Directors, American Society of Aesthetic Plastic Surgery, Section Head Surgical Specialties Institute, Cleveland Clinic Abu Dhabi, University of Texas Southwestern



Fabio NAHAS (Brazil)

Prof. Adjunto -Universidade Federal de São Paulo / Escola Paulista de Medicina, Curriculum Lattes, São Paulo



Simona GALLO (Italy)

Consultant Plastic Surgeon, Private practice, Rome



Alexandre MANSUR (Brazil)

Consultant Plastic Surgeon, Hospital Do Trabalhador, Universidade Federal Do Parana, Curitiba, PR

MODERATORS



Bishara ATIYEH (Lebanon)

Professor Plastic and Reconstructive Surgery, American University of Beirut, APSLD President



Luciano NAHAS COMBINA (Argentina)

Consultant Plastic Surgeon, APSLD National Representative of Argentina Hospital Manuel Gea Gonzalez, Mexico City



Elie ABDELHAK (Lebanon)

Plastic and Reconstructive Surgery Abou Jaoude Hospital, Jal el Did APSLD Vice President



ROUND TABLE 4: Gluteal Reshaping and Augmentation



Marwan ABBOUD (Belgium)

Head of the division of Plastic surgery at CHU-Tivoli, La Louviere, Belgium. "MA CLINIC" private clinic, Brussels



Amin KALAAJI (Norway)

Consultant and clinic chief, Oslo plastic surgery clinic, President of the Norwegian Society of Aesthetic Plastic Surgery



Arturo RAMIREZ MONTAÑANA (Mexico)

President of the Mexican Board of Plastic and Reconstructive Surgery Parliamentary BOD member with ISAPS, Director Institute of Plastic Surgery, Monterrey



Fernando SERRA (Brazil)

Professor de Cirurgia Plástica da Universidade do Estado do Rio de Janeiro – UERJ

MODERATORS



Sami SAAD (Lebanon)

Consultant Plastic Surgeon, Bikhazi Medical Group, Beirut, LSPRAS President, APSLD Secretary



Amin KALAAJI (Norway)

Consultant and clinic chief, Oslo plastic surgery clinic, President of the Norwegian Society of Aesthetic Plastic Surgery





ROUND TABLE 5: Breast Aesthetic Surgery



Bill ADAMS (USA)

Associate Professor and Chief of Plastic Surgery at Parkland Health and Hospital Systems in the Department of Plastic Surgery at the University of Texas Southwestern Medical Center at Dallas



Moustapha HAMDY (Belgium)

Past-President of the Royal Belgian Society of Plastic Surgery (RBSPS), Head of Plastic Surgery Department and Founder of Lymph Clinic - Brussels University Hospital, Director of Ogeeplast Clinic, Leading Plastic Surgeon - Delta Hospital - Chirec



Frank LISTA (Canada)

Assistant professor in the Division of Plastic and Reconstructive Surgery at the University of Toronto. Past chair of the Ontario Medical Association Section on Plastic Surgery



Paolo MONTEMURRO (Sweden)

Plastic Surgeon, Akademikliniken Stockholm



Jose Luis HADDAD TAME (Mexico)

Past President, of the Mexican Board of Plastic and Reconstructive Surgery Mexico City

MODERATORS



Michel MOUTRAN (Lebanon)

Attending Plastic Surgeon at Bellevue Medical Center and Clemenceau Medical Center



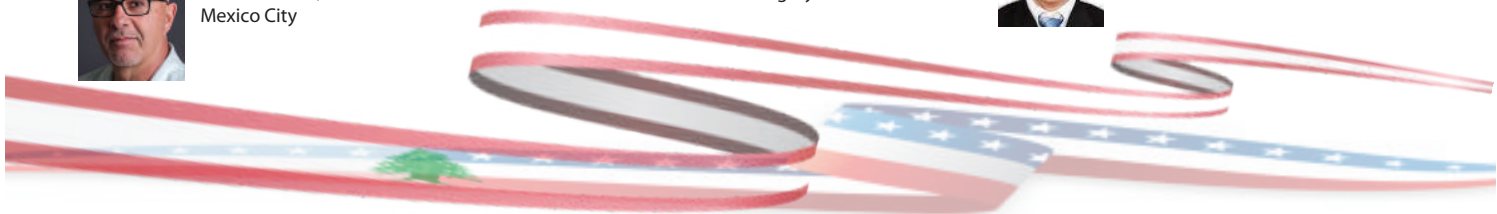
Nicolas CHAMI (Switzerland)

Consultant Plastic Surgeon, Lausanne
APSLD Secretary for Europe



Andre MATTOS (Brazil)

Consultant Plastic Surgeon
Rio de Janeiro



ROUND TABLE 6: Breast Reconstruction



Hani SBITANY (USA)

Associate Professor, Plastic and Reconstructive Surgery, New York Eye and Ear Infirmary of Mount Sinai, Mount Sinai Morningside and Mount Sinai West, New York



Marzia SALGARELLO (Italy)

Associate Professor of Plastic Surgery and Head of the Plastic Surgery Department of the Agostino Gemelli University Hospital Foundation



Stephania TUINDER (Netherlands)

Plastic and Reconstructive surgeon, deputy trainer of medical assistants at Maastricht UMC + I. Member of the American Society for Reconstructive Microsurgery and of the Dutch Society for Plastic Surgery (NVPC). Maastricht



Roger KHOURI (USA)

Professor of plastic surgery at Washington University School of Medicine in St. Louis
Past President ISPRES - International Society of Plastic and Regenerative

MODERATORS



Moustapha HAMDY (Belgium)

Past-President of the Royal Belgian Society of Plastic Surgery (RBSPS)



Horacio F. MAYER (Argentina)

Acting Chief, Plastic Surgery Service
Italian Hospital of Buenos Aires
Buenos Aires' University
Editor-in-Chief, European Journal of Plastic Surgery



Amir Ibrahim (Lebanon)

Assistant Professor, Plastic and Reconstructive Surgery,
American University of Beirut





ROUND TABLE 7: Rhinoplasty and Facial Rejuvenation



Giovanni BOTTI (Italy)

Professor, Plastic and Reconstructive Surgery, Head manager and main surgeon of Villa Bella Clinic, Salò, Lago di Garda, Honorary President of Italian Society of aesthetic Plastic Surgery (AICPE)



Ahmad SAAD (Spain, USA)

IMAGN Institute - Medical Director, Barcelona
Clinical Assistant Professor of Surgery Division of Plastic & Reconstructive Surgery
University of California, San Diego



Foued HAMZA (France)

Plastic Surgeon, member of the SOFCEP, the SOFCPRE and ISAPS, Paris



Mike NAYAK (USA)

Yale & Harvard Trained Plastic and Reconstructive Surgeon
Nayak Plastic Surgery & Avani Derm Spa, St.Louis, Missouri



Leandro PELLARIN (Brazil)

Department of Otolaryngology and Head and Neck Surgery, Rhinology Group, Department of Otolaryngology-Head and Neck Surgery, Medical School, Federal University of São Paulo, Plastic Surgeon, Leandro Pellarin Cirurgia Plástica Ltda., São Paulo



Eva SIOLO (South Africa)

Plastic & Reconstructive Surgeon, National Secretary ISAPS South Africa, Assistant Secretary ISPRES Board of Directors, Johannesburg

MODERATORS



Antoine FARAH (Lebanon)

Ancien Chef de clinique
Assistant des hopitaux de Paris,
Secrétaire General de la LSPRAS



Fadi SLEILATI (Lebanon)

St. Joseph University,
Hotel Dieu de France, Beirut



ROUND TABLE 8: Business Development and Plastic Surgery Practice Building



Leandro FAUSTINO (Brazil)

Consultant Plastic Surgeon, Sirio Libanês Hospital, São Paulo,
Titular Member of the Brazilian Society of Plastic Surgery



Romeu FADUL Jr. (Brazil)

Coordinator of Plastic Surgery Meetings and Courses of Research Institute
Sirio Libanês Hospital, São Paulo



Nelio AGUILERA (Brazil)

Consultant Plastic Surgeon, Sirio Libanês Hospital, São Paulo, Master in Management for Competitiveness FGV Value Based Health Care, Executive Program, Harvard Business School, Member Editorial Board International Journal of Plastic and Reconstructive Surgery

MODERATOR



George Bitar (USA)

APSLD Secretary for North America
Clinical Assistant Professor – George
Washington University School of
Medicine and Health Sciences
Bitar Cosmetic Surgery Institute,
Medical Director, Northern VA



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Plant a Cedar Tree at the Shouf Biosphere Reserve Barouk Cedar Forest

The APSLD Cedar Tree Planting Project was initiated at the Shouf Biosphere Reserve on September 21, 2019. A cedar tree was planted in the name of APSLD and another in memory of Ricardo Baroudi.

All APSLD members as well as their colleagues and friends are invited to contribute to this effort by adopting a cedar tree and help expand and grow for eternity the APSLD Cedar Forest that we will all be proud of.

For information and for planting an APSLD Cedar Tree:
bechara.atieh@gmail.com





VIIth WORLD CONGRESS OF PLASTIC SURGEONS OF LEBANESE DESCENT

2023 - Date to be announced

**BEIRUT - LEBANON
RISE OF THE PHOENIX**

Organized by

**Association of Plastic Surgeons
of Lebanese Descent - APSLD**

In collaboration with

**Lebanese Society of Plastic, Reconstructive
& Aesthetic Surgery - LSPRAS**



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VIth WORLD CONGRESS OF PLASTIC SURGEONS OF LEBANESE DESCENT SPEAKERS & ABSTRACTS

ROUND TABLE 1: Fat Transfer and Regenerative Surgery



Michele ZOCCHI (Italy)

Plastic Aesthetic and Reconstructive Surgery, Regenerative Medicine and Surgery, Associate Professor of Plastic Surgery University of Padua, Adjunct Professor at the University of Science - Vietnam National University (H.C.M.V.N.U.), Chairman and Scientific Director of the Educational Foundation Program (P.F.P.) of the Italian Society of Plastic Reconstructive Surgery (SICPRE), Chairman of the Scientific Board of the International Academy of Regenerative Medicine (IASRM), Founder and Scientific Director of the International Task Force for Regenerative Surgery, Scientific Director of REMIX International Regeneration Technologies, Editor and Coordinator of the Chapter on Regenerative Surgery of the European Journal of Plastic Surgery (EJPS), Member of the Editorial Board of the European Journal of Plastic Surgery (EJPS), ESPRAS Representative for Italy

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NEW STRATEGIES IN TISSUE REGENERATION: THE BIO-ACTIVE COMPOSITE GRAFTS

Regenerative Medicine and Surgery combines Tissue Engineering and Molecular Biology to improve tissues and organs regeneration. In the last decade, there has been a significant increase in the use of cells, molecules and growth factors in various clinical disciplines. The Adipose Tissue and its Stromal Vascular Fraction are definitely becoming the most valuable source of regenerative elements, and particularly of Adipose-derived Stem Cells.

There are several factors which can heavily jeopardize the Regenerative Action and the Cell Integration into the recipient site, interfering with niches' preservation and activity.

With the aim of improving grafted cells intake and survival still remaining within the limits of the current legal frame, the authors present a new revolutionary strategy to approach regenerative therapies: the Bio-Active Composite Grafts (BACG).

The concepts behind this technology is to prepare a "Multi component Taylor-Made Regenerative Mixture" and to graft this mixture inside of the host recipient site. This to create a local regenerative microenvironment and induce the recipient site to act as a **real Bioreactor**.

The most valuable bio catalyzers are: bioactive proteins (BP), amino acids (AA) and vitamins (VIT)

Bioactive Proteins

In order to stimulate the cell's recruitment of the AT during MSCs progenitors toward a specific cellular line it is possible to add to the regenerative mixture a specific morphogenetic protein able to induce the formation of some specific mesenchymal cells. In the treatment of the osteoarthritis, for example, 1/2000 IU of bone morpho protein 2 (BMP2) are added to stimulate the recruitments into the chondrogenic lineage.

Amino Acids

Amino acids are the raw material for supporting the cell's protein synthesis. Cells need twelve essential L - amino-acids: arginine, cystine, leucine, isoleucine, lysine, methionine, phenylalanine, threonine, tryptophan, histidine, tyrosine and valine. By

adding to the graft an amino acid cocktail containing some or all of these components it is possible to actively support the cells intake and growth.

Vitamins

Vitamins mainly act as coenzymes or protein groups in cell metabolism processes. The most active are: biotin, folate, nicotinamide, pantothenic acid, riboflavin, thiamine and vitamin B12. Adding all or some of these components to the regenerative mixture is helping to overcome the metabolic stress and supporting cells survival.

All the above components are mixed following different proportions and percentage for merging with the most efficient protocols tailored for every clinical need and every anatomic district. The most relevant part of the bio-active composite grafts is represented by the two biological components, the adipose derived SVF and the Enriched PRP (not simple PRP but PRGF or PL) . These two main components are usually mixed with a ratio of 5: 1 but this proportion may vary depending on the clinical situation, the therapeutic needs and also on the volume of the recipient site. Bio catalyzers are added only on a small proportion when necessary to support a stronger regenerative action (AA and Vitamins up to 10% of the total volume). These findings are supported by a consistent cohort of testing trials for assessing recruiting activity, sorting and cellularity and especially the therapeutic action on the recipient sites.

Aim of this conference is to describe the main bio-components of the BACG and the technical steps to prepare the most suitable bio-active cocktail for every clinical situation.



Lydia MATASAKO FERREIRA (Brazil)

Head and Full Professor Plastic Surgery Division Federal University of São Paulo - UNIFESP, Researcher CNPq 1A, Director Translational Surgery Graduate Program UNIFESP, São Paulo

lydiamferreira@gmail.com



EVOLUTION OF KNOWLEDGE AND USE OF FAT AND ITS FUTURE PERSPECTIVES

The presentation will discuss the evolution of fat graft indications from its first report to the present day, correlating the evolution of biological knowledge of adipose tissue and technological advances and scientific evidence (in the process of fat acquisition, in the processing or treatment of fat and in the act of grafting itself).

Data on the influence of the local anesthetic, the best fat donor area, types of cannulae, type of fat processing, need for fat washing, volumetric fat retention, stem cell concentration and stromal vascular fraction, among others, will be reported.

Clinical research using fat on scars and wounds, acute and chronic burns, scleroderma, exposed complex fractures, atrophies with symptoms and in regenerative medicine will be compiled, in addition to the complications observed.

Applications of cryopreserved fat and new perspectives on fat products will be discussed, as well as its global market.



Alexandra CONDÉ-GREEN (USA)

Cosmetic, Plastic & Reconstructive Surgery. Regenerative Plastic Surgery Institute, Bethesda Hospital East, Boca Raton, Florida

acondegreen@yahoo.com



SCIENCE OF FAT TRANSFER

ROUND TABLE 2: Body Contouring and Hi Def. Liposuction



Alfredo HOYOS (Colombia)

Colombian Plastic surgeon, inventor of the High Definition Liposculpture technique and other innovative liposculpture techniques such as Eve High Def (Full High Def Abdominoplasty) and Fit Mommy High Def (High Def mini-abdominoplasty). Author of a unique book that presents all the advanced techniques in lipoplasty and autologous fat grafting for high-definition body sculpting: High Definition Body Sculpting Art and Advanced Lipoplasty Techniques

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HI DEF. LIPO ABS: ANATOMY, BASICS AND SCIENCE



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HI DEF. ABDOMINAL ETCHING

RECTUS ABDOMINIS FAT TRANSFER (RAFT) IN LIPOABDOMINOPLASTY: A NEW TECHNIQUE TO ACHIEVE FITNESS BODY CONTOUR IN PATIENTS THAT REQUIRE TUMMY TUCK

Objective: To describe a new technique to achieve a fit-look in lipoabdominoplasty patients through liposculpture and rectus abdominis fat transfer (RAFT).

Methods: Patients with a body mass index under 26 and of both genders scheduled for abdominoplasty or body lift were selected for this procedure. Fat was transferred directly to the rectus abdominis muscle after flap elevation during lipoabdominoplasty.

Results: A total of 90 patients were operated on with this technique. No complications attributable to the fat grafting were noticed. All patients had a high satisfaction level with the procedure. Demonstrative cases are shown.

Discussion: The RAFT technique is a useful and effective technique to improve results in standard lipoabdominoplasty. Its main limitation is the adequate selection of the patient. The RAFT technique can be incorporated easily to common day practice.



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20 LIPOSCULPTURE SAFETY POINTS

ROUND TABLE 3: Post Bariatric Body Contouring



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BODY CONTOURING AFTER MASSIVE WEIGHT LOSS: WHAT I DON'T DO AFTER 25 YEARS OF PRACTICE



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SECONDARY ABDOMINOPLASTIES



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ABDOMINAL CONTOURING: A MULTIDISCIPLINARY APPROACH

Remodeling of the abdominal wall includes skin, fat and muscles. We often see patients post pregnancy or after important weight loss who needs "multilayer" treatment. This involves diastasis recti abdominis correction, fat reduction and skin redraping. An alternative approach to diastasis repair contemplates collaboration with surgeon that uses a laparoscopic technique involving always both plication and onlay mesh.

In about 1000 cases treated there is no evidence of recurrence. Skin and fat management can include liposuction, lipoabdominoplasty, abdominoplasty (sometimes mini) or simple caesarean section scar revision.



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BRACHIOPLASTY FOLLOWING MASSIVE WEIGHT LOSS

The brachioplasty is a surgical procedure that has been increasing in number since the development of weight loss surgeries. This surgery has some specific complications and in patients with major deformities, long scars crossing the elbow.

The forearm and the arm may be considered a single unit. Therefore, in cases of major deformities, it is preferable to accept a little remaining skin excess to prevent the scar from extending distally to the elbow.

Based on the classic techniques of brachioplasty, we performed a systematization of the brachioplasty with skin and subcutaneous resection limited to the arm.

During the markings, the fusiform resection lines are drawn by using 4 circumference measures of the upper arm to maintain the decreasing cone shape from the shoulder



to the elbow. Furthermore, constriction bands can be prevented.
It is important to understand the deformity that each patient presents and adapt the treatment in an individualized surgical approach.

ROUND TABLE 4: Gluteal Reshaping and Augmentation



Marwan ABBOUD (Belgium)

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BUTTOCK AUGMENTATION



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GLUTEAL AUGMENTATION WITH FAT: OUR SAFETY CLINICAL STUDY OF 164 CASES AND LITERATURE REVIEW OF HIGHEST DEATH RATE IN AESTHETIC SURGERY. PATIENTS SAFETY FIRST OR WE SHALL STOP DOING THE PROCEDURE?

Amin Kalaaji, MD, PhD; Vanja Jönsson; and Trond H Haukebøe, MD.

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Abstract:

Background:

Use of gluteal augmentation with fat increased by 3267% from 2002 to 2015, and the rate of death is highest compared with other aesthetic procedures: 1 in 3448 patients dies, compared with 1 in 55,000.

Objectives: To retrospectively investigate patients who underwent this procedure at Oslo Plastic Surgery Clinic, to review international data determine factors causing mortality, and to provide guidelines for safety.

Methods:

Patient data were searched for reason for the procedure, assessment of patients, techniques performed, and safety measures used. In 162 cases, a power-assisted vibration liposuction machine was used for fat harvesting. Review of the international literature, with special emphasis on fatal complications, was performed on Medline, Google Scholar, and PubMed.

Results:

Mean patient age was 32 years. Mean amount of grafted fat was 422 mL (range: 210-850 mL). Sedation and local and tumescent anesthesia were used in all patients, with mobilization directly after surgery. Mean operation time was 89 minutes. Minor complications occurred in 9 patients. Average follow-up was 8 months. Ninety percent of patients were satisfied. Review of international literature showed that the main reason for death in 2015 was fat lung embolism related to muscular and submuscular grafting.

Conclusions: Gluteal augmentation with fat is one of the most popular procedures, with an internationally high mortality rate. Patient safety is a priority, and preventive measures should improve safety because appropriate patient selection, avoiding muscular and submuscular grafting, avoiding infra-gluteal entry site incision, proper choice of cannula and grafting technique, moderate grafted volume, and direct postoperative mobilization are essential. We present 20 recommendations for a safe procedure.

Keywords:

Gluteal augmentation, Body contouring, Lung fat embolism, Fat grafting, Liposculpture, liposuction, Brazilian butt lift (BBL), Morbidity – Mortality, Lipomodeling, Patient Safety, Cannula



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AMERICAN TASK FORCE UPDATE IN BUTTOCK FAT GRAFTING



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GLUTEAL AUGMENTATION

**ROUND TABLE 5:
Breast Aesthetic Surgery**



Bill ADAMS (USA)

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MATOPEXY AND MESH IN THE 21st CENTURY: SLING IS THE SOLUTION



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MATOPEXY AND MESH IN THE 21st CENTURY: SLING IS THE SOLUTION



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BREAST AUGMENTATION AFTER BIA-ALCL ALERT: GO ROUND AND SMOOTH



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BREAST AUGMENTATION AFTER BIA-ALCL ALERT: GO ROUND AND SMOOTH WHY ARE TEXTURED IMPLANTS STILL INDICATED IN BREAST AUGMENTATION?

As a consequence of the American moratorium on silicon breast implant and because of the inception of BIA-ALCL, anatomical implants have been fought against since many years back. Several authors, especially from the US, consider anatomical implants not worth using. They claim that they have a high complications rate and that they show no difference in terms of outcome when compared to round implants. In this webinar I am going to make my point as to why I strongly believe that these claims are not supported by valid evidence. Together with round implants, anatomical implants should still be considered as a valid choice in breast augmentation that each plastic surgeon should keep in their "toolbox". Choosing to discard anatomical implants a priori means offering a limited set of options to a patient and, in some instances, a worse outcome.



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CONTOURING BREASTS AFTER MUTILATING PROCEDURES

ROUND TABLE 6: Breast Reconstruction



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PREPECTORAL IMPLANT BREAST RECONSTRUCTION: TREND OR STANDARD?



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USING ADM COST VERSUS BENEFIT

The use of ADMs in DTI immediate breast reconstruction includes implant coverage both in the submuscular and prepectoral position. The implant can be textured, smooth, or polyurethane-covered. In order to discuss costs and benefits of the ADM, the ADM-assisted breast reconstruction has to be compared to the submuscular DTI breast reconstruction with the implant alone and to the prepectoral reconstruction with the implant alone.

The author discusses in detail all these options, beginning to report her experience in submuscular DTI breast reconstruction with both the textured implant and lower ADM sling and with the textured implant alone in the submuscular-fascial pocket. Hence, her experience in prepectoral reconstruction is reported by discussing the use of the textured implant with full coverage ADM versus the polyurethane-covered implant alone.



Stephanie TUINDER (Netherlands)

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SENSATE AUTOLOGOUS FLAP RECONSTRUCTION THE LAST END?

Lack of breast sensation is an underestimated problem after treatment of breast cancer. With this presentation all the different aspects and the impact on the quality of life of breast sensation will be analyzed. Autologous breast reconstruction techniques restoring partially breast sensation will be explained and the results of these techniques presented.



Roger KHOURI (USA)

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FAT GRAFTING BREAST RECONSTRUCTION SHORTENING THE PROCESS

ROUND TABLE 7: Rhinoplasty & Facial Rejuvenation



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BLEPHAROPLASTY



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FACIAL UPPER THIRD AND PERIORBITAL REJUVENATION



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TEMPORAL LIFT BY GALEAPEXY – CLINICAL EXPERIENCE AND LONG-TERM RESULTS



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**PRESENTATION:
FACIAL PLASTIC AND RECONSTRUCTIVE SURGEON**

<https://www.loom.com/share/96e6ff42c8a64521af67a566f3d0fc6>

Face and neck lifting in the modern era is best performed at the subSMAS level. Results achieved in this fashion, with complete ligamentous release, are more natural and long lasting than other approaches.

In this presentation, Dr Nayak reviews his current approach to achieving natural results with extended deep plane facelifting and subplatysmal neck sculpting.



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COMBINED FACELIFT AND RHINOPLASTY



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FAT GRAFT TO NOSE AND PERIORAL AREAS

ROUND TABLE 8: Business Development & Plastic Surgery Practice Building



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HOW TO WIN IN THE PLASTIC SURGERY MARKET

My presentation will be entitled "How to win in the plastic surgery market" and will present a current overview of the Brazilian and worldwide plastic surgery market. I will also talk about the new dissemination and market positioning tools available to current plastic surgeons, such as search sites, social media and forms of digital relationship with patients. The objective is to show how it is possible to use all of these tools in an ethical, responsible manner and with favorable results.



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A FINANCIAL STRATEGY TO WORK LESS AND MAKE MORE MONEY



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HOW TO CREATE VALUE AND INCREASE COMPETITIVENESS IN HEALTH CARE